

Maple Ridge/Pitt Meadows Child Care Resource & Referral Training Calendar January-March 2023



Funded by the Province of BC

www.comservice.bc.ca

<https://www.rmccchildrenstable.ca>

<https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/how-to-access-child-care/child-care-resource-referral-centre>




To register for the workshops, please visit our [website](#) or call the office: 604-467-2273

If you have questions please email, ccrrp@comservice.bc.ca

<https://www.comservice.bc.ca/program/child-care-resource-referral-program/>



<p>Date: Wednesday, January 18th</p> <p>Time: 5:00pm-7:00pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p style="text-align: center;"><u>Let's Get Cooking!</u> <i>CCRR Facilitators</i></p> <p>Looking to learn some fun ways to include your child in the kitchen?</p> <p>We are offering a parent and tot evening to make a child friendly meal together. You will learn about nutrition and ways to make cooking fun!</p> <p>Note: please let us know if any allergies or food restrictions upon registration</p>	<p>Cost:</p> <p>\$5 per Family Max. 2 Adults Children 0-5 years old</p> <p>Minimum 6 Maximum 20 Participants</p> <p>Pre-registration is required</p>
<p>Date: Wednesday, January 25th</p> <p>Time: 6:30pm-8:00pm</p> <p>Location:</p> <p>ZOOM</p>	<p style="text-align: center;"><u>Outer Space Make & Take</u> <i>Lyndsay Walton</i></p> <p>Zoom to the moon with us for this far out make & take. You will be given supplies and offered ideas to add to your outer space learning materials.</p> <p>Bags of supplies will be available for pickup a few days prior to the workshop.</p>	<p>Cost:</p> <p>\$20</p> <p>Maximum 15 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>

<p>Date: Saturday, January 28th</p> <p>Time: 9:00am-6:00pm</p> <p>Location:</p> <p>Community Services</p> <p>“The Club”</p> <p>22768 119th Ave Maple Ridge</p> <p><i>*Please enter the building from the rear at “the club” entrance</i></p>	<p style="text-align: center;"><u>First Aid</u> <i>Pacific First Aid</i></p> <p>This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There also is a section on child safety. The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.</p> <div style="text-align: center;">  <hr style="width: 10%; margin: 0 auto;"/> </div>	<p>Cost:</p> <p>\$110 per person</p> <p>Minimum 8 Maximum 18 Participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p> <p>Note: please bring lunch, snacks and/or beverages as they will not be provided.</p>
<p>Date: Wednesday, February 1st</p> <p>Time: 6:30pm-8:30pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p style="text-align: center;"><u>Signs and Gestures for Childcare</u> <i>Karen LeSage</i></p> <p>In this workshop participants will learn how to use basic signs and gestures to promote language in their childcare programs. You will learn and practice a variety of signs for everyday use and ways to use signs in songs and stories. Please note this is not an American Sign Language Course.</p>	<p>Cost:</p> <p>\$20</p> <p>Maximum 25 Participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>

<p>Date: The 2nd Wednesday of the month</p> <p>Time: 6:30pm-7:30pm</p> <p>Location: Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p style="text-align: center;"><u>Networking Evenings</u> <i>CCRR Facilitators</i></p> <p>Looking to connect with local Maple Ridge/ Pitt Meadows child care providers? We are offering an evening for care providers to connect and work on creating resources for their classroom that fit the needs of their center.</p> <p>Please join us for one or more of the upcoming dates:</p> <p>Dates: February 8th March 8th</p>	<p>Cost:</p> <p>Free!</p> <p>Maximum 20 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>
<p>Date: Saturday, February 11th</p> <p>Time: 9:00am-4:00pm (30 minute lunch)</p> <p>Location: Community Services</p> <p>“The Club”</p> <p>22768 119th Ave Maple Ridge <i>*Please enter the building from the rear at “the club” entrance</i></p>	<p style="text-align: center;"><u>Dr. Stuart Shanker’s Self-Reg: Early Childhood</u> <i>Adrianna Bazijanec, Supported Child Development</i></p> <p>This workshop explores the world of emotional regulation through the eyes of children and how they experiences stressors throughout development. The Shanker Method of Self-Reg describes 5 domains of stressors that children experience. Each domain of stressors will be discussed in depth looking at the abilities of our children to cope and regulate with either one or multiple areas of stress. Strategies and helpful approaches will be discussed in how we as parents and caregivers are able to best support and nurture our children’s emotional well-being. We explore the ways we can show up for children as they learn coping skills that they will take with them as they grow.</p>	<p>Cost:</p> <p>\$25</p> <p>Minimum 8 Maximum 18 Participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p> <p>*Lunch will be included</p>

<p>Date: Wednesday, February 15th</p> <p>Time: 6:30pm-8:30pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p style="text-align: center;"><u>Coaching Leaders</u> <i>Krista Tkachuk & Prab Gill with Fraser Health Licensing</i></p> <p>Coaching Leaders aims to empower early childhood program leaders in gaining confidence with their skillsets, improving the quality of their programs, and supporting positive relationships with families and staff.</p> <p>This workshop will cover two modules taken from the program:</p> <ul style="list-style-type: none"> - Legislation: Why we have it and how to find sections - Reportable Incidents: Why and how we report and their importance. <p>Created and delivered by Licensing Officers.</p>	<p>Cost:</p> <p>Free</p> <p>Maximum 20 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>
<p>Date: The last Wednesday of the month</p> <p>Time: 6:30pm-7:30pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p style="text-align: center;"><u>Book Club</u> <i>CCRR Facilitators</i></p> <p>The first rule of book club is: we can always talk about book club!</p> <p>Maple Ridge/ Pitt Meadows child care providers we invite you to join our local book club. We will begin unpacking a short article per month to inspire us and promote reflective practice.</p> <p>At the start of each month we will send you the article we will be reading for the upcoming session as well as some questions to inspire reflection. We will gather in-person to share our thoughts on the last Wednesday of each month.</p> <p>Dates: February 22nd March 29th</p>	<p>Cost:</p> <p>Free!</p> <p>Maximum 20 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>

<p>Date: Saturday, February 25th</p> <p>Time: 9:30am-2:00pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p><u>Many Voices One Mind Indigenous Resource Kits</u> <i>Brenda Redden</i></p> <p>The workshop will have key learning outcomes, teachings, and methods to support Indigenous children and or their families. The presentation will provide participants with a sense of knowledge, skills, and strategies to share the cultural kits in their classrooms.</p> <p>We will be reviewing two kits: -Traditional Homes & House Posts -Mother Earth</p>	<p>Cost:</p> <p>\$20</p> <p>Maximum 25 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p> <p>*Lunch will be included</p>
<p>Date: Wednesday, March 1st</p> <p>Time: 6:30pm-8:30pm</p> <p>Location:</p> <p>Community Services</p> <p>22768 119th Ave Maple Ridge</p>	<p><u>Disability and Difficult Conversations</u> <i>Karen LeSage</i></p> <p>Participants will explore current disability terminology and the strengths we all have. Participants will learn about barriers people may face when accessing assessments, wise practices for supporting neurodivergent children and how to have those difficult conversations with families when a concern has been identified.</p>	<p>Cost:</p> <p>\$20</p> <p>Maximum 25 participants</p> <p>Pre-registration is required</p> <p>Certificate Provided</p>

<p>Date: Saturday, March 4th</p> <p>Time: 9:00am-2:00pm (30 minute lunch)</p> <p>Location:</p> <p>Community Services</p> <p>“The Club”</p> <p>22768 119th Ave Maple Ridge</p> <p>*Please enter the building from the rear at “the club” entrance</p>	<p style="text-align: center;"><u>Understanding Executive Function Development in Early Childhood Settings</u> <i>Megan Cullins & Barb Dent with Supported Child Development</i></p> <p>Executive function refers to a set of mental skills and actions that we use every day to learn, work, regulate behaviors and manage daily life. Difficulties with certain skills can make it hard to focus, follow directions and handle emotions. This workshop will focus on increasing your knowledge and understanding of the executive functions through the lens of early childhood. We will explore ways to promote and scaffold the development of these skills through everyday experiences and interactions within childcare programs.</p>	<p>Cost:</p> <p>\$20 per person</p> <p>Pre-registration is required</p> <p>Certificate Provided</p> <p>*Lunch will be included</p>
---	--	---

WORKSHOP ETIQUETTE, POLICIES & PROCEDURES

- Please register with the link provided if you are unable to do so please call the CCRR and we will assist you.

604-467-2273
22768 119th Ave
Maple Ridge, BC
V2X 4L2

- Please ensure you have a device that is ZOOM compatible.
- Please arrive to all workshops approximately 5 minutes prior to the session.
- During Zoom workshops we request that participants have their camera on at all times and have a microphone available to be able to participate in the discussions.
- To receive your certificate please complete the survey with the link provided for each workshop.
- Please remember to cancel, if you are unable to attend, as we often have waiting lists of others who would like to attend if a space becomes available.
- A workshop may be cancelled or rescheduled in the event of an emergency situation or if there is insufficient enrollment to hold the session. You will be given as much notice as possible.
- For all CCRR workshops a 48-hour cancellation policy is in effect. If you need to cancel and do so with the required 48 hour required notice, the workshop fee will be refunded via a cheque in the mail.
- For the First - Aid course offered through Pacific First Aid, they have a different cancellation policy. Please remember that once you have registered there are no refunds or transfers into another class, unless written notification is received 72 hours prior to the class.

Most of all, enjoy the workshops!